

FIRST AID TRAINING PROGRAMME

(For Construction Workers)

Date : February 27, 2006

Venue : Sardar Patel Smarak Bhavan, Shahibag, Ahmedabad

Duration: 10:00 to 17:00

Networking with: "Bandhkam Majur Sangthan" facilitated by DISHA organisation.
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[A] Importance of First Aid Training Program:-

Ahmedabad city calls as Manchester of Gujarat state. Now it is being to be MEGA city. A lot's of infrastructural development is in process. In this process no. of construction workers have been associated. As we know that they always face accident on construction site. They suffer short term & long term injury, disability of lifetime as well as death. Moreover they are root level mesons & workers those are directly working in construction so they have to be realized & sensitized importance of that to build earthquake resistant structures & should get detail training. This training will provide them platform to think on earthquake safety & it will be helpful for organizing future construction related training programs.

Also they will give first aid and contribute to victims on site and save their lives before affected person gets properly medical treatment. All trained worker will be register as DMT member & volunteer in their respective ward.

[B] Training Goal for NUNV – PO:-

To achieve maximum effectiveness in training and to conduct result oriented training program.

[C] Objectives:-

a) General:

- i. To prepare ward level task force regarding first aid in terms of CBDRM.
- ii. To promote volunteerism among community.
- iii. Networking with "Bhandhkam Majur Sangathan"

b) Specific:

- i. To give training theoretically and practically about first aid.
- ii. To realize trainees about importance of first aid training.
- iii. To promote trainees for giving services voluntary in respective ward in any need based situation.
- iv. To clear about importance of materials which given to them and how can be they utilize it.
- v. To make training more participative and easier for understanding.
- vi. Try to aware about negative impact of some wrong beliefs or superstitious in case of snake bite, hysteria etc.

[D] Whole day session:-

a) Registration & Material Distribution:

All participants had been registered & first aid training related materials, pens & papers had been distributed to them.

- i. C.P.R. :- 60
- ii. S.O.P. :- 60
- iii. Guideline :- 60
- iv. Pen :- 60

- All the trainees, trainer & respected guests had been warmly welcomed by NUNV-PO and also suggested to them objectives of this first aid training program and how it is related to DRM.

b) About participants:-

Total: 70 participants

Sr. No.	Details	Male	Female	Total
01	Volunteer	51	00	51
02	WDMT	19	00	19
	TOTAL	70	00	70



Lecture on First Aid



Active Participation

c) About Trainer:

Mr. Tushar Thacker, a young and enthusiastic first aid trainer from Indian Red Cross Society.

d) Learning Sessions for Participants:

Whole first aid training program had been handled by the trainer & NUNV-PO.

Trainer had covered different topics of first aid during whole day. Like,

- i. Definition of first aid.
- ii. Why first aid?
- iii. Golden rules of first aid.
- iv. First aid in different critical situation.
- v. Bandages
- vi. Hysteria
- vii. Bleeding (Inside & Outside)

- viii. Making of Stretcher.
 - ix. Burn
 - x. Fracture
 - xi. Poison (Snake Bite & Dog Bite)
 - xii. C.P.R.
 - xiii. Thelesamia
 - xiv. Lifting techniques.
 - xv. Recovery Position.
 - xvi. DTD (Diagnosis, Treatment & Disposal)
 - xvii. Do's & Don'ts during Gas leak age and road accident.
- And other first aid related topics.

Whole training program had been conducted both the way theoretically and practically. Trainees can understand easily and for making learning process easier, trainer had used first aid related posters and kit etc.

After completion of every topic of first aid like Recovery Position, C.P.R., stretcher making etc Trainees had performed practically on each other.



Practical Session on First Aid

Trainer had also suggested that,

- (i) How first aider can give first aid in normal situation and disaster situation.
- (ii) What steps should be followed by first aider.

e) Question - Answer Session:

After completion of every topic five minutes question answer session were held. Trainees had raised some questions regarding first aid like,

- i. What steps should we take when snake bite?
- ii. What steps should we take in burning situation?
- iii. What steps should we take when anyone injured in road accident?
- iv. What steps should we take when bleeding from nose? etc

Thus lots of questions asked by the trainees and satisfactory answers of the all asked questions had been given by trainer and NUNV – PO.

f) Suggestions by the Trainer to the Trainees:-

Every first aider should be kept three things in mind when they perform,

- i. We are not doctor. Just first aider.
- ii. We must note definite any one as a dead.
- iii. Priority should be given to much injured rather than less injured without any fillings of relation and religion.

g) Training Evaluation Format:-

At the end of the training for getting of feedback of trainees and for knowing that what they had learnt. Training evaluation format had been filled by the trainees.

h) Feedback of participants:

(1) Excitement of new learning :-

i. Specific:

- Thavaria Virjibhai Bhuria, WDMT member from Naroda :
 - During training program I could learn how to give first aid during fracture.
- Panda Kiranbhai Kalubhai, Volunteer:
 - In training I could learn, seven steps of CPR.
- Dhavan Nimesh Ramchandra, Volunteer from Bhandhkam Majur Sangthan:
 - After attending this training I could learn how to use locally available things in first aid and reduce the risk as practically.

ii. General:

- To give first aid incase of Burn, Snake bite, fracture, Electric Shock etc.
- Different types of Bandages.
- To make stretcher.
- Do C.P.R. and try to save life of anyone.

(3) How obtained knowledge will helpful in future?

Specific Feedback :

- Snagada Shanubhai Nanabhai, WDMT member from Thaltej:
 - While any critical situation will occur on construction site, obtained knowledge will helpful to others.
- Ninama Mansinh K., WDMT member from Vatva:
 - I will teach others & help others.

(4) How they will use of material in future?

1. Sureshbhai Mavi, WDMT member from Naranpura
 - I will sharp my knowledge through these books & try to help others.
2. Dilipbhai Kalu Parmar, Meson from Changodar:
 - I will read these books and try to learn others.

[E] Do's & Don'ts while giving FIRST AID:

- Lastly, with the help of poster NUNV – PO suggested to participants Do's & Don'ts while giving first aid to anyone.

[F] Suggestions to Participants:

NUNV – PO suggested to participants that

“Every participant is responsible member or volunteer from Disaster Management Team of their particular Ward so they will have to perform their duty in any critical situation in their ward & urban area without any bias of religion or caste and behave as volunteer.”

[G] Objective Assessment:

- After completion of whole day training program, it can be visualize in the feedback of participants that general and specific both the objectives had been achieved and also training goal had touched by NUNV – PO and also had learnt more and more from participants.

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