

FIRST AID TRAINING PROGRAMME

(For Anganwadi Workers)

May 02, 2006

Venue : Safai Vidhyalaya, Gandhi Ashram, Ahmedabad

Ward : Juna Wadaj

Duration : 10:00 to 17:00

Special Visitors:

Ms. Marry Hall, European Commission

Ms. Ranjini Mukharaji, UEVRP, UNDP, New Delhi.

Mr.Sarat Panda, Programme Associate, DRM, UNDP-GSDMA, Gandhinagar.

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[A] Importance of First Aid Training Program:-

In normal circumstances or critical situation like Disaster strikes, First aider can give first aid and contribute to victims and save their lives before affected person gets properly medical treatment. Anganwadi worker are playing very crucial role in nutrition & education of little child under Integrated child Development Program. They are closely associated with community. First aid is routine requirement for them while handling child care & also they can be helpful in disaster situation. All trained volunteer will be register as DMT member in their respective ward.

[B] Training Goal for NUNV – PO:-

To achieve maximum effectiveness in training and to conduct result oriented training program.

[C] Objectives:-

a) General:

- i. To prepare ward level task force regarding first aid in terms of CBDRM.
- ii. To promote volunteerism among community.

b) Specific:

- i. To give training theoretically and practically about first aid.
- ii. To realize trainees about importance of first aid training.
- iii. To promote trainees for giving services voluntary in respective ward in any need based situation.
- iv. To clear about importance of materials which given to them and how can be they utilize it.
- v. To make training more participative and easier for understanding.
- vi. Try to aware about negative impact of some wrong beliefs or Superstitious in case of snake bite, hysteria etc.

[D] Whole day session:-

a) Registration & Material Distribution:

All participants had been registered & first aid training related materials, pens & papers had been distributed to them.

- i. C.P.R. :- 55
- ii. S.O.P. :- 55
- iii. Guideline :- 55
- iv. Pen :- 55
- v. Conference pad :- 55

b) About participants:-

Total: 55 participants

Sr. No.	Details	Male	Female	Total
01	Anganwadi Workers	00	54	54
02	Volunteers	01	00	01
	TOTAL	01	54	55



Active Participation



Interaction with participants

c) About Trainer:

Mr. Tushar Thakker, a young and enthusiastic first aid trainer from Indian Red Cross Society.

d) Learning Sessions for Participants:

Whole first aid training program had been handled by the First Aid Trainer, before starting learning session recommendation of trainees regarding first aid had been chalked out.

Trainer had covered different topics of first aid during whole day by lecture, practical and Group Discussion.

- i. Definition, Scope and rules first aid.
- ii. First aid in different critical situation.
- iii. Bandages
- iv. Hysteria
- v. Bleeding (Inside & Outside)
- vi. Making of Stretcher.

- vii. Burn
 - viii. Fracture
 - ix. Poison (Snake Bite & Dog Bite)
 - x. C.P.R.
 - xi. Lifting techniques.
 - xii. Recovery Position.
 - xiii. DTD (Diagnosis, Treatment & Disposal)
 - xiv. Do's & Don'ts during Gas leak and road accident.
- And other first aid related topics.

Whole training program had been conducted both the way theoretically and practically. Trainees can understand easily and for making learning process easier, trainer had used first aid related posters, dummy and kit etc. After completion of every topic of first aid like Recovery Position, C.P.R., stretcher making etc Trainees had performed practically on each other.

Trainer had also suggested that,

- (i) How first aid different for adult and Child?
- (ii) What steps should be followed during emergency situation in terms of first aid?

e) Question - Answer Session:

After completion of every topic five minutes question answer session were held. Trainees had raised some questions regarding first aid like,

- i. What steps should we take in burning situation?
- ii. How can we handle child injury?
- iii. Types of snakes.
- iv. What are the legal issue occur during road accidents?

Thus lots of questions asked by the trainees and satisfactory answers of the all asked questions had been given by trainer and NUNV – PO.

f) Suggestions by the Trainer to the Trainees:-

Every first aider should be kept three things in mind when they perform,

- i. We are not doctor. Just first aider.
- ii. We must note definite any one as a dead.
- iii. Priority should be given to much injured rather then less injured without any fillings of relation and religion.

g) Training Evaluation Format:-

At the end of the training for getting of feedback of trainees and for knowing that what they had learnt. Training evaluation format had been filled by the trainees.

h) Feedback of participants:

(1) Excitement of new learning :-

i. Specific:

- Patel Minaxi Rajendra
 - During training program I could learn how to diagnoses the casualty and how to practice ABC.
- Parmar Barkha
 - I could learn that what step we should to follow during anyone faced heart attack.

ii. General:

- To give first aid incase of Burn, Snake bite, fracture, Electric Shock, Hysteria, Dehydration etc.
- About inside and outside bleeding.
- Different types of Bandages.
- To make stretcher.
- Do C.P.R. and try to save life of anyone.

(2) How obtained knowledge will helpful in future?

• **General Feedback :**

- The knowledge will helpful in our daily life because, before this we didn't have any technique for emergency aid and manage casualty.

• **Specific Feedback :**

- Shah Tarlaben Kamleshbhai
- I will share the knowledge to my family, relatives and neighbors. I will also teach to child in anganwadi.

(3) How they will use of material in future?

- We will sharp our knowledge through these books & try to help others.
- We will read these books and try to learn others.

[E] Special Visitors:

Ms. Merry Hall, European Commission

Ms. Ranjini Mukhraj, UEVRP, UNDP, Delhi

Mr.Sarat Panda, Programme Associate, DRM, UNDP-GSDMA, Gandhinagar.

Above mentioned both have visited first aid training of Anganwadi workers & interact with participants and trainer as,

- About Integrated Child Development Program & its concept.
- Role of Anganwadi worker
- How first aid knowledge will helpful to them in future.



[F] Do's & Don'ts while giving FIRST AID:

- Lastly, with the help of poster First Aid Trainer suggested to participants Do's & Don'ts while giving first aid to anyone.

[G] Suggestions to Participants:

NUNV – PO suggested to participants that
“Every participant is responsible member or volunteer from Disaster Management Team of their particular Ward so they will have to perform their duty in any critical situation in their ward & urban area without any bias of religion or caste and behave as volunteer.”

[H] Objective Assessment:

- After completion of whole day training program, it can be visualize in the feedback of participants that general and specific both the objectives had been achieved and also training goal had touched by NUNV – PO and also had learnt more and more from participants.

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